



NUT – FREE POLICY

We currently DO NOT have pupils enrolled at school who are allergic to nuts. However, if we do, we will inform you immediately and enforce a nut-free policy as follows:

Nut allergies can be life threatening. It takes only the slightest smell, touch, or ingestion of any nuts (e.g. peanuts, almonds, hazelnuts, pine nuts etc.), peanut butter, peanut or groundnut or sesame oil, or a product that ‘may contain trace amounts of nuts’ to cause a potential anaphylactic reaction. This can happen so easily – by touching the hands of a friend who has just finished a peanut butter sandwich or biscuits/cakes from a bakery baked on the same pan as a nut product.

Anaphylaxis is the most severe form of allergic reaction. It is normally very quick; symptoms usually become apparent immediately as the person comes in contact with the allergen and can threaten the allergic person’s life within minutes.

Therefore, in order to make the school environment as safe as possible for these children, we will ask parents to please keep this in mind when sending any food into school e.g. packed lunches, birthday treats etc. We realise that this means depriving your children of certain treats such as peanut butter or Nutella etc. during school hours, but is this not a small price to pay if it saves another child’s life?

Although the children concerned are aware of the steps to take to avoid contact with their allergens, and staff members have been trained in the procedures to follow in case of a severe allergic reaction, we nevertheless request your help in keeping the school as safe as possible for all our children.

We thank you all so much for your cooperation in this matter.